WALK® WITH a DOC

educate. exercise. empower.

TAKE A **STEP** TOWARD BETTER HEALTH!

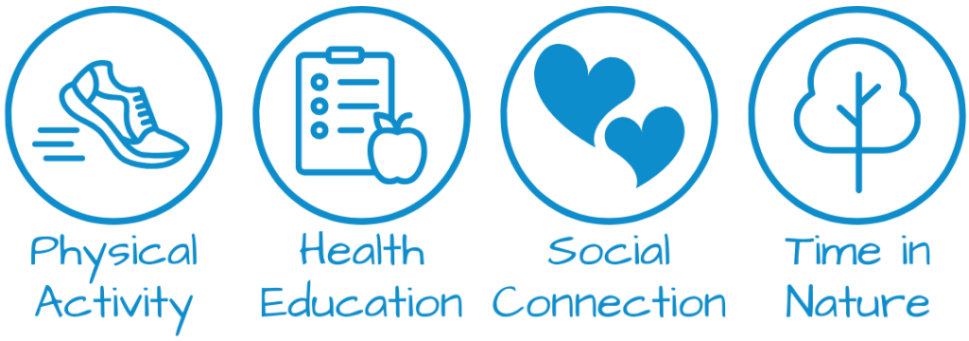
Walking on the 3rd Tuesday of every month at 7:30 AM beginning September 15, 2026

Leader: Dr. Stuart Harlin

Location: Bayview Park

2001 E Lloyd St, Pensacola, FL 32503
(Meet at the Tennis Courts)

This walking program is a fun and safe place to go for a walk, learn health tips from local healthcare professionals, and meet new people. The program is FREE and all are welcome!



Learn more and register:

WALKWITHaDOC.org

We are a proud part of the international Walk with a Doc program: Chapter #**46935**